

# KIPP DC Local School Wellness Policy

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KIPP DC is committed to the optimal physical and academic development of every student. For students to achieve personal, academic, developmental and social success, we must create positive, safe and health-promop

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At least once every three years, KIPP DC will conduct a Triennial Progress Assessment and develop a report that reviews each school

School staff, students, families, community members, and other stakeholders are invited to participate in the development, implementation, and periodic review and update of the Local Wellness Policy by publication in the KIPP DC external and internal newsletters and by serving on working groups.

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School-based physical <sup>q</sup>

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Offering nutrition education and serving healthy school meals help mitigate childhood obesity, model healthy habits, and promote life-long healthy eating patterns and food selection. KIPP DC recognizes that serving healthy meals to students through the National School Lunch Program, School Breakfast Program, After School Snack Program, Fresh Fruit and Vegetable Program, Special Milk Program, The Child and Adult Care Food Program, Summer Food Service Program, and other supplemental nutrition programs contribute to the improved nutritional diet and health of students, reduces hunger among students, and improves students' readiness to learn.



KIPP DC is committed to promoting positive nutrition behaviors and habits. Posters promoting healthy portions, taglines, and service menus will be posted in public areas throughout our schools.

KIPP DC will:

- Utilize a variety of strategies to promote and reinforce healthy eating in the school environment, ensuring that messages are clear and consistent
- Utilize evidence based ways to communicate school wellness messages and identify healthy eating and active living messages that resonate with parents. Examples may include presentations, newsletters, social media posts, and printed materials which highlight a wellness topic of interest.



All food and beverage products sold on school grounds must be nutritious and healthy.





UV-C air purification systems that were installed in all classrooms and offices across every campus in response to the COVID-19 pandemic.

Environmental literacy is built into KIPP DC's program at many levels. In the early childhood and elementary grades and middle grades, there are outdoor school gardens, hydroponic indoor gardens, and field trips to local farms as well as specific environmental literacy items built into the curriculum. At the high school level, environmental literacy is a component of the biology and chemistry curriculums, and both KIPP DC high schools offer a variety of afterschool clubs and interest groups that have environmental literacy components. In addition, the KIPP DC network participates in network wide environmental literacy activities, including a network recycling program and Earth Day activities.